

## **2023 DHS XC Overnight Trip Information Sheet**



**Trip Info:** We are heading to Huntsville, AL. over the weekend of October 13-14. We will be leaving mid Friday morning (13th) and returning to DHS before dinner-time on Saturday (14th). We ask that you send your runner with a sack lunch they can eat on the bus during the drive on Friday.

On our way to Huntsville, we will have a short practice followed by a day full of games, team building and delicious food. Friday night we will be staying at a Springhill Suites just 15 minutes from the meet. Early lights out to get ready for the meet the next morning.

### **Meet Info:**

We will be competing in the Randolph Invitational - a meet hosted by a local high school. It is a 5k race and is on a fantastic course. The grounds of the meet are at John Hunt Running Park which is the same course of the famous Running Lane Invitational! We are very excited to see what our wildcats will do on such a storied course. There is only one race for each section (no Varsity - JV split). See Itinerary for times!

### **Itinerary:**

#### **Friday:**

8:05-9:27 - Students attend 1st period class  
9:34-10:57 - Students attend 2nd period class  
11:04-11:25 - Students report to ROAR (very important!)  
11:25 - Students are dismissed from ROAR via intercom and report outside of gym lobby  
11:45 - Bus leaves Dunwoody High School  
1:45 (time change) - Arrive at Lake Guntersville Park for practice/games<sup>1</sup>  
2:00-4:00 - Practice at Park  
4:00-5:00 - Drive to Hotel<sup>2</sup>  
5:15-5:45 - Check in, showers.

6:00-7:00 - Dinner

7:00-9:00 - Games

9:00 - Lights out

#### **Saturday:**

6:30-7:00 - Breakfast, Check out of hotel

7:15 - Leave for meet

7:30 - Arrive at Park<sup>3</sup>

9:00 - Girls Race

10:00 - Boys Race

11:00 - Awards Ceremony

12:00 (at the latest) - Leave for DHS

4:30 (including time change)- Arrive at DHS

All students need to be picked up by 5:00pm!

\*\*\*Please note that this Itinerary is subject to slight change. Should the return time be different than planned, a remind will be sent out with updated information.

### **Addresses:**

- 1: Lake Guntersville State Park (practice/games): 24 State Campground Rd, Guntersville, AL 35976
- 2: Springhill Suites (hotel): 745 Constellation Place Drive, Huntsville, AL 35801
- 3: John Hunt Cross Country Park (meet): 2151 Airport Road SW, Huntsville, AL 35801