

DeKalb County School District

Return to Participation Guidelines

The DeKalb County School District will resume athletic/auxiliary practices and participation in events under the requirements listed below. The DeKalb County School District will continue to monitor the guidance from the Centers for Disease Control and Prevention, Georgia Department of Public Health, DeKalb Board of Health and our medical partners to determine any potential modifications and need to adjust. Health data will be reviewed daily.

Requirements for Participation in Activities

Students may participate in athletic/auxiliary activities only upon receipt of this signed form and filed waiver. Each school will have staff designated to ensure that health protocols are being implemented and followed. Schools should follow requirements of state and local authorities in addition to the requirements below. Participation in athletic/auxiliary activities will be optional for students and staff. No student or employee will be required to participate in athletic/auxiliary activities.

Before the start of daily practices and activities, students should be pre-screened for COVID-19 symptoms to determine if they or others living in their house have experienced any symptoms on the below list. Schools should take the temperature of each student daily at the start of the session.

COVID-19 Symptoms for Screening

- Cough
- Shortness of breath or difficulty breathing
- Chills
- Muscle pain
- Headache
- Sore throat
- Loss of taste or smell
- Diarrhea
- Feeling feverish/measured temperature greater than or equal to 100.4 degrees Fahrenheit
- Known close contact with someone with a confirmed or suspected case of COVID-19

Students cannot participate in athletic or auxiliary activities if they have a fever, determined by a thermometer reading 100.4 or higher or are exhibiting signs of flushed cheeks, fatigue, chills, shivering, sweating, achiness, headache, not eating or drinking.

Any student who was diagnosed with COVID-19 may return to participation in activities if all of the following criteria are met: at least three days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); the individual has improvement in respiratory symptoms (e.g. cough, shortness of breath); and at least ten days have passed since symptoms first appeared. For students diagnosed with COVID-19 that never develop symptoms, students may return to participation 10 days after the date of their first positive test.

Any student or staff member exposed to an individual who experiences any of the symptoms of

COVID-19, whether that individual has a positive COVID-19 test or not, should self-isolate for two weeks. If the student or staff member does not experience any COVID-19 symptoms during that period, they can return to participation in practice or rehearsal after ten days. If the exposed student or staff member experiences symptoms, they must self-isolate until the criteria outlined above have been met.

Parents should drop-off outside the building to limit contact. We do not encourage students who are not members of the same household to ride together. To minimize usage of restrooms/locker rooms, students must report to athletic or auxiliary activities in proper attire. No clothing or towels should be shared during activities.

Schools should limit the total number of participants based on available space to allow for the appropriate distancing between students and staff. During participation in activities, staff will monitor implementation of appropriate social distancing, hygiene, and safety measures.

Students should maintain at least six feet of distance from all sides when not actively participating, practicing or rehearsing. Students who are not actively participating should wear face masks.

If a student uses a piece of equipment, that equipment should be thoroughly sanitized and disinfected before another student uses it. Schools should limit the use of equipment to further reduce the risk of spreading the virus. We encourage students to utilize hand sanitizer while participating in activities.

Students will need to bring their own labeled water. Water fountains will not be available.

ACKNOWLEDGEMENT OF RISK

I understand that my student's participation in athletic/auxiliary activities is entirely voluntary and that by electing to participate, they assume the risk of injury and/or infection with infectious disease including COVID-19. I acknowledge the seriousness of the risks involved in participating in this program including possible infection with COVID-19, which can result in serious illness up to death. I acknowledge my personal responsibilities for adhering to rules and regulations, and accept them as a participant. I will emphasize the importance of following safety precautions with my student, including mask wearing, social distancing and appropriate usage of sanitizer and hand washing.

Name of Child/Ward: _____

Signature of Parent/Guardian of Child/Ward (if under 18):

Signature of Child/Ward (if over 18): _____

Date Signed: _____